

## S.B. Consulting, L.L.C.

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First and last name:	Date of birth:	Date completed:
Address:	City:	State:
Insurance type:	Insurance ID number:	Insurance group number:
Age:	Sex: male or female	Sexual orientation:
Race/ethnicity:	Religion or beliefs:	Pronoun (i.e. Mr., Mrs., Ms., he/she, etc.):
County of probation:	Probation agent:	Probation phone number:
Social Service (SS) Provider:	SS Provider Phone number:	Educational level:
Financial Status: Well      Fair      Struggling	Relationship status (#): Single _____ Married _____	Partnership _____ Widowed _____ Divorced _____

What I am struggling with is: (circle all that apply)

Depression	Anxiety	Sleep disturbance
Appetite disturbance	Loss of motivation	Fear
Muscle tension	Irritability	Racing thoughts
Paranoia	Visual hallucinations	Psychotic behaviors
Auditory hallucinations	Relationship issues	Financial issues
Educational issues	Housing issues	Nutrition issues
Weight gain	Parenting issues	Substance use issues
Communication issues	Traumatic experience	Abuse survivor
Abused another	Anger outbursts	Legal issues
Codependent	Emotionally detached	Grief/loss
Chronic pain	Learning disability	Identity issues
Sexual issues	Impulsive behaviors	Compulsive behaviors
Gambling issues	Eating disorder	Dissociation
Nightmares	Panic attacks	Negative outlook on life

Self-injurious behaviors: None Past Present	Suicidal ideations: None Past Present	Suicidal attempts: None Past Present
Veteran/Military related issues	Homicidal ideations: None Past Present	Aggressive behavior: None Past Present
Lying	Attention issues	Hyperactivity
Concentration issues	Health issues	Safety concerns

Please complete the following thoroughly:

Medications I am taking: \_\_\_\_\_

Health issues: \_\_\_\_\_

Developmental delays: \_\_\_\_\_

Primary clinic/provider: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Dental provider: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Eye care provider: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Dental or vision concerns: Yes No Unsure

History of head injuries: Yes No Unsure

Veteran: Yes No

History/Present commitment through the county: Yes No

Biological children (include ages): \_\_\_\_\_

Other children & ages (i.e. step-children, adopted, foster): \_\_\_\_\_

Values and traditions: \_\_\_\_\_

Past and pending legal charges: \_\_\_\_\_

My history of mental health services includes: (circle all that apply)

- |                         |                         |                 |
|-------------------------|-------------------------|-----------------|
| Outpatient therapy      | Partial hospitalization | Hospitalization |
| Outpatient CD treatment | Inpatient CD treatment  | Detox services  |
| ARMHS                   | TCM                     | Case Management |
| Commitment              | ACT                     | Social Worker   |

Reason for seeking therapy: \_\_\_\_\_

What I want to get from therapy is: \_\_\_\_\_

### CAGE AID

Have you ever felt you ought to cut down on your drinking or drug use?	YES	NO
Have people annoyed you by criticizing your drinking or drug use?	YES	NO
Have you felt bad or guilty about your drinking or drug use?	YES	NO
Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover?	YES	NO

### WHODAS 2.0 12-item self-administered

This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.

Think back over the past 30 days and answer these questions, thinking about how much difficulty you had doing the following activities. For each question, please **circle** only one response.

In the past 30 days, how much difficulty did you have in:

1. Standing for long periods such as 30 minutes? None Mild Moderate Severe Extreme/Can't do
2. Taking care of your household responsibilities? None Mild Moderate Severe Extreme/Can't do
3. Learning a new task, for example, learning how to get to a new place? None Mild Moderate Severe Extreme/Can't do
4. How much of a problem did you have joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can? None Mild Moderate Severe Extreme/Can't do
5. How much have you been emotionally affected by your health problems? None Mild Moderate Severe Extreme/Can't do
6. Concentrating on doing something for ten minutes? None Mild Moderate Severe Extreme/Can't do
7. Walking a long distance such as a kilometre [or equivalent]?
8. Washing your whole body? None Mild Moderate Severe Extreme/Can't do
9. Getting dressed? None Mild Moderate Severe Extreme/Can't do
10. Dealing with people you do not know? None Mild Moderate Severe Extreme/Can't do
11. Maintaining a friendship? None Mild Moderate Severe Extreme/Can't do
12. Your day-to-day work? None Mild Moderate Severe Extreme/Can't do
13. Overall, in the past 30 days, how many days were these difficulties present? \_\_\_\_\_
14. In the past 30 days, for how many days were you totally unable to carry out your usual activities or work because of any health condition? \_\_\_\_\_
15. In the past 30 days, not counting the days that you were totally unable, for how many days did you cut back or reduce your usual activities or work because of any health condition? \_\_\_\_\_